Objectives: To understand factors associated with outcomes in a cluster-randomized controlled trial that evaluated a telemedicine specialty referral intervention for school hearing screenings in 15 rural Alaskan communities.

Design: Hearing Norton Sound was a mixed methods cluster-randomized controlled trial that compared a telemedicine specialty referral pathway (intervention) to a standard primary care referral pathway (control) for school hearing screenings. As a mixed methods trial, both quantitative and qualitative data were collected, analyzed, and integrated. Main trial results are published elsewhere, but integration of community-specific quantitative outcomes and qualitative results have not yet been reported. The constant comparative method was used to analyze qualitative data from semistructured interviews with six stakeholder groups across all 15 communities. Descriptive statistics were used to describe community-specific proportions of follow-up in both trial years. Qualitative and quantitative results were integrated to reveal relationships between contextual factors and follow-up outcomes across communities.

Results: The Hearing Norton Sound trial enrolled 1481 children from October 2017 to March 2019, with a total of 790 children requiring referral. Of the children who referred in the telemedicine specialty referral pathway communities (intervention), 68.5% received follow-up





(268/391), compared to 32.1% (128/399) in primary care referral communities (control) (previously reported). When broken down by community, the mean proportion receiving follow-up was 75.26% (SD 22.5) and 37.9% (SD 11.4) for the telemedicine specialty referral communities and primary care referral communities, respectively. For qualitative data collection, semistructured interviews were conducted with 101 individuals between December 2018 and August 2019. Six stakeholder groups participated: elders (n = 14), parents (n = 25), children (n = 11), teachers/school staff (n = 18), principals (n = 6), and healthcare providers/ clinic staff (n = 27). Six overall factors related to the outcomes of the telemedicine specialty referral pathway emerged during analysis: clinic capacity, personnel ownership and engagement, scheduling, telemedicine equipment/processes, communication, and awareness of the need for follow-up. We integrated these factors with the community-specific follow-up percentages and found associations for four of the six gualitative factors: clinic capacity, personnel ownership and engagement, communication, and awareness. An association was not seen for scheduling and *telemedicine equipment/processes*, which had variable relationships with the follow-up outcome.

Conclusions: The Hearing Norton Sound trial demonstrated that a telemedicine specialty referral pathway can close the gap on children lost to follow up after school hearing screening. As a whole, the intervention profoundly increased the proportion of children receiving follow-up, but there was variability in outcomes within and between communities. To understand this variability, we analyzed community-specific intervention outcomes alongside community member feedback on factors related to the intervention. We identified four key factors that contributed to the success of the intervention. Attention to these factors will be essential to successful adaptation and implementation of this telemedicine specialty referral intervention and other similar interventions in future work in rural Alaska and beyond.

Key words: Community-based hearing research, Hearing Norton Sound, Joint display, Mixed methods integration, Qualitative methods, Rural Alaska.

Abbreviations: BSSD = Bering Strait School District; CHA/P(s) = Community Health Aides/Practitioner(s); CTS(s) = Clinic Travel

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Data Analysis

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| Categorical follow-up | | High follow-up | | Mod | terate follow-u | d | Low follo | dn-wa |
| Year 1 (percent that received follow-up), % Year 2 (percent that received follow-up), % | 100.0 100.0 | 88.1 100.0 | 81.3 95.2 | 79.3 82.7 | 75.0 72.7 | 100.0 40.0 | 46.2 56.0 | 38.3 49.3 |
| Factors Clinic Staf ng, Capacity, and Coordination | 1 "we kind of handles walk-in patients, and so We always—ond wunicate with e work." [Commu munity A] | worked out a flov is, somebody's se omebody could se ce we got lists, w sach other and yo inity Health Aide/f | v—somebody teing regular te the telemeds. e always com- u know, make it Practitioner, Com- | 2 "Right now, t staffed. It's bee years. We've b aides and get i up but then the staffed again Aide/Practition | the clinic has k en short staffe been trying to h them hired and ey move on w e Community her, Community | d for short a d for a fo | 3 "We just need more st staff, then it would be a other villages that are be kids are current on their zations—all that kind of have less volume and m them. Versus the higher less people" [Advance Community H] | aff, if we had more lot easier. Like in my etter staffed, those etter staffed, those stuff, because they ore people to help volume here, and ed Practice Provider, |
| Personnel Ownership and Engagement | 4 "I really enjoy actually kept r after the other kid—it was neat between persor Aide/Practitione | [the follow-up ap me busy just go Just seeing the di t to see all kinds c n to person." [Con er, Community B] | pointments], ing through one ifference in each of—the difference mmunity Health | 5 "if it's not responsibility, I you know? Bee 'oh, maybe the it, oh, maybe the it, oh, maybe the of it, oh, mayb tion teacher's tion teacher's tion teacher's tion teacher's tion care of." [Teacl | any one perso I don't see it h cause if somer e school's takin he clinic's takin he clinic's takin taking care of taking care of n'it's not gettin her, Communi | n's appening, s one thinks i to ng care of ng care of ng care l cuca- tit.' And tit.' really y f taken ty F | 6"—the school's willing to school's not willing to tak responsibility for ensuring needs hearing services g I don't think that's our jot sible for getting these kid permission slips signed f would say that that's a no would say that that's a no would say that that's a no ters, assisters, supporters that kind of stuff—I think take that role on." [Princi | to try, but the te the ultimate g that every kid that of hearing services o Are we respon- is in and getting the or Norton Sound? I o. We are the help- s, nurturers, and all the school could pal, Community H] |
| Scheduling | 7 "The main par ule open, and m were ready to c another one lea but we discusse be seeing patiel I get all the [ref6 munity Health A 8 The tricklest p8 worked for every (Community Health | rt was the CTS ke naking sure the ki come back as sooi weshe didn't nee d ahead of time t nts from this time erred screening] k dide/Practitioner, (body. That was the th Aide/Practitioner, | eping my sched- ds get here. And n as they see cessarily block it, that l'm not gonna to this time. Until community B] o n d a time that e hardest. Community C] | 9 The clinic ir tion [about sc appointment] it'd be coming that's perceiv authority on n phrased from interview, Tea | nitiating the c cheduling a fo could help p g from a clinic af matte non- audio r cher, Commu | onversa- llow-up arents- al source fan rs. [para- rs. [para- corded inity D] | 10 "sometimes they w in, like you'd call them a need to come in for this, never showed upthere that will bring their kids i they need to come in, th kid in. They'll be like oks Some are probably just the time doesn't work fo know." [Community Hea | vouldn't bring them nd tell them you some people just are some people in just if you say in just fryou say is. Some won't. ay. Some won't. too busy and ar them— I don't lith Aide/Practitioner, |
| Telemedicine Equipment / Processes | 11 "A lot of times cases] parents the Cases] parents the [CHA/Ps] and the second that ear of the ear of by a person that Practitioner, Com | s [with specialty ca nink that they're on they want to be see or the problem, like knows." [Commur nmunity B] | re telemedicine Ily being seen by us en by someone who e if they're being y want to be seen nity Health Aide/ | 12 "Sometime: is sent to Audid ENT, especially get a response get a response gestlike thei biggest compli biggest compli tioner, Commu | s like when the ology and therr y on Fridays, y back until Mc nk patience is n waiting time. Ication doing t nunity Health / nity F] | s case n sent to ou don't n day or inthe big- he telemed Aide/Practi- | 13 "I think the sooner van issue and the soone better it is. Anytime yo something [via telemed better." [Community H] tioner, Community H] | we know about er it's treated, the u can expedite dicine] it's definitely ealth Aide/Practi- |

(Continues)



Telemedicine Equipment/Processes



Communication





Awareness

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Conclusion

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