HEALINGANDEMPOWERINGALASKANLIVESTOWARDSHEALTHY HEARTS

Howtouse the Nactine Patch

	Water will not harm the nicotine patch.
3. Press the patch firmly onto your skin for at	
least 10 seconds, It will provide a steady stream of nicotine throughout the day. Wash your hands.	
After 24 hours, remove that patch and apply a fresh patch to a different spot on your body.	lf you miss a dose:
throw it in a trash container that cannot be reached by children or pets.	

